

STAGE 1 – Forming

Dependence on leader for guidance and advice. Roles and responsibilities are unclear. Leader may answer a lot of questions

Tuckmans' Theory Diagram

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STAGE 2 - Storming

Decisions don't come easily. Some members may try to establish themselves. Team needs to remain focused.



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STAGE 5 – Adjourning

Team completed task. Team disperses and forms a new team and starts the cycle again.

Preview from Notesale.co.uk
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STAGE 4 - Performing

The team are stronger and know what they are doing. Focused on goals. Team makes decisions, and then agreed by leader. Members look after each other. Does not need instructions or assistance.



STAGE 3 - Norming

Agreements form among the team. Roles and responsibilities are clear. Group agreements made. Respect for each other.