

Def:

**Health:** The mental, physical & social wellbeing of a person, not just the absence of disease (& suitably housed)

**Disease:** Any disorder or malfunctioning of the body

**Parasite:** An organism living in or on another living organism, causing harm to its host and gaining nutrition

**Pathogen:** A disease causing microorganism

### Types of disease

**Physical:** when a physical structure is damaged or changed & no longer functions.  
eg. arthritis

**mental:** abnormal functioning or a changed state of the brain. (eg. alzheimer's)

**social:** caused by social conditions, ie. poverty, wealth, overcrowding

**infectious:** conditions caused by other living organisms

**Inherited:** due to gene / chromosome mutation  
eg. huntington's disease

### Good health:

- \* free from disease
- \* carry out all physical tasks
- \* well fed, balanced diet
- \* happy
- \* suitably housed
- \* well integrated into society