modern humans...there are few reliable dates but provisionally the available dates indicate that modern human behavioural markers appeared first in Africa, probably between 50 and 45KYA"

Wider Archaeological view:

- Basically we haven't changed much since our appearance we have the same brain now as we did back in Africa 200KYA.
- Culturally, we are evolving faster than we have ever biologically evolved, but Biologically we have not gone through many changes in the past 200 thousand years.

