

Proof

- Strength of alcohol
- 100 proof=50%
- proof is double the % of alcohol

Liver

- the organ that filters out your blood

Inhibitions

- alcohol lowers your inhibitions

Coordination

- directly affected by alcohol consumption
- it is immediately affected, regardless whether you feel like you are or not
- they think they sound normal, but slurred speech etc
- slower

Coma

- drank so much you've injured your brain
- not a physical injury, a chemical injury

Reflexes

- slows down and changes

Sober

- no substances in your system whatsoever

Hepatitis C

- hepatitis= inflammation of the liver
- more likely to get disease by alcohol
- can eventually lead to cirrhosis if you don't stop drinking

Cirrhosis

- once you get diagnosed, you have 2 options: die or liver transplant
- liver can regenerate to a certain point, it can lose that function
- liver transplant only given to those who quits drinking

Fetal Alcohol Syndrome

- heavy drinkers may drink first few months of pregnancy if they don't notice they are pregnant
- first few months are vital for baby's growth=drink=FAS
- FAS- small head, small brain=mental retardation, flat area above lips

withdrawal

- Vomiting, chills, headaches
- Chemical change back to original

carbonated

- a

ethyl alcohol

- drinking alcohol
- beer, etc

methyl alcohol

- non-drinking alcohol
- hand sanitizer, etc

Minor

- under legal drinking age

Tolerance

- over time tolerance can grow

Designated driver