

Absent except diaphragm and extraocular muscles (bcoz acetylcholine supply is used to maintain muscle tone and motor neuron activity is inhibited)	Minimal (depressed)
8) Duration	
Increases as night progresses	Decreases in length as night progresses
9) Brain Oxygen Consumption	
Increased	Reduced
10) Ventilatory Response	
Reduced	Normal
11) Cause	
Mental strain	Physical strain
12) Neurotransmitter	
Noradrenaline	Serotonin
13) Sleep type	
Light sleep	Deep sleep

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 Page 2 of 3