

Advice from a Caterpillar

Detailed Interpretation

Chew your way into a new world.

In these first words and phrase I can deduce are as follow:

Chew: Guide, direct, move to, turn to.

New World: New habits, daily routine, job, relationships, way of thinking...

1. Forget about the past and/or things that were not positive (E.g. consequences of physical and / or emotional abuse. Look toward the future that perhaps will bring something better (New friendships, projects at work or school, new partner).
2. Change the routine (Analysing of what is being referred. E.g. isolation) to experience something new.
3. Overcome (any situation. E.g. Facing a divorce) and Project yourself into the new (New: any aspect in a person's life. E.g. A new loving relationship).

Munch leaves. Molt. Rest. Molt. Again.

1. All these words have a related meaning like focus more on yourself, have fun, take your time and relax, meet your own needs, reduce concerns, enjoy your life, keep healthy (E.g. Eating organic food, sleeping well and exercising), and so on. Another example: While working, studying, running errands, etc., take breaks from time to time to visit families, friends, or go on vacation.