

## Sports confidence

- Competitive orientation - success means different things to different people

### Limitations of Vealey's initial model

- Limited support
- no sign. relationship between competitive orientation and SC-state (Martin & Gill, 1991)
- SC-trait a better predictor of sport behaviour and performance than SC-state (Roberts & Vealey, 1992)
- Dispositional-state approach difficult to validate
- More likely that confidence on a continuum from trait like to state like... (Vealey, 2001)
- "..... did not account for impact of social and organisational factors on the development and manifestation of confidence in athletes"
- Coaching behaviours and expectations of significant others influence levels of confidence

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