

To shave or not to shave...

Seeing the massive benefits of the hair all over the body, one gets conflicting feelings on the decision to get rid of this furry covering or not. Before the 18th century, it was the norm to be unshaven. The introduction of various swim wear in the mid-1990s brought about a contrast in public belief, which switched in favour of bare skin.

On the benefits health wise, much debate is on about the relevance of hair in disease and infection control, with one study claiming that hairs in the pubic region were sites of microbial inhabitation although the presence of these hairs have been noticed to reduce the risk of getting herpes and some other STDS.

In fact, surgery sites having hairs were recently discovered to have a lesser risk of being infected than sites where the hairs had been shaved off.

It is important to note that it was in a bid to control an infestation of pubic lice that most hair loss ideas originated.

Thus, the decision to keep or get rid of hair on any site is totally up to one's will and volition.