

9. *Lack of public display of affection.*

- Spouses were not supposed to express affection openly eg by kissing or holding hands.
- They were to do so through respect and caring for each other in subtle ways.

Changes in the Family Structure in Kenya

Perhaps the greatest change that has occurred in the family system is the shift from collectivism to individualism. Collectivism is the practice embraced in cultures that:

- Built upon group obligation.
- Tend to see achievement and responsibility as shared experiences rather than manifestations of individuals.
- Consider needs of family to be paramount and come before individual desires.

The following table illustrates the changes that have resulted from this shift.

Traditional/ Customary	Modern/ Industrial/ Post-Industrial
Collectivist Values General • Patriarchal • Preference for extended family • Comfort with familism.	Individualist Values General • Male-dominant, but to lesser extent • Decrease in extended family control of decisions, demands on resources, lifestyle choices • Preference for nuclear or quasi-extended family setting
Collectivist Values (Parenting) • Lineage and children emphasized • Large families preferred. • Early child bearing/ parenting for girls • Extended family influences all aspects of parenting • All adults were responsible for the upbringing of all children regardless of biological ties. • Discipline is a collective responsibility, where each senior person guides, counsels, and metes out punishment to any child when it is justified.	Individualist Values (Parenting) • more children born out of marriage • Fewer children but more investment in each child.
Collectivist Values (Couples and Marriage) - Polygyny esteemed/ monogamy valued - Marriage as an alliance of two families - Marriage as a means to an end (children) - Early marriage for girls. - Families support marriages for all - Extended family influences all aspects of marriage	Individualist Values (Couples and Marriage) • Senior partner/ junior partnerships for men and women • Monogamy, come-we-stay • More emphasis on marriage relationships and focus on the couple (not just children)