

Role modeling

Children learn by admiring and emulating the people they like. Adults should present themselves as good role models so that children can acquire appropriate behaviors and values.

Stories

Children acquire morals as well as cultural and social values through stories told to them. Traditionally, children have been socialized through story telling which taught them moral values. For example, in those stories, people or animals that suffered injustices at the end got justice and the evildoers were punished. Stories also teach children values like cooperation, patience and perseverance.

Games

For every game, there is a set of rules to be followed. This trains children on sharing, friendship, cooperation, empathy, taking turns listening and honesty. Those who cheat in games are rejected by others.

Teaching

Children should be taught values. Teachers, parents and either caregivers should teach children about the consequences of common vices such as stealing, cheating, eating the wrong food, hitting others, receiving things from strangers and despising others. This helps the children to develop positive behaviour.

Imitation

Children imitate how adults talk, dress, eat and do other activities.

Play

Play is spontaneous and voluntary activities in which children actively engage themselves. Children learn to follow rules and be honest and obedient.

Poems and riddles

Poems and riddles convey messages which are very important in transmitting values such as cleanliness and orderliness.

Summary

- A life skill is a person's ability to maintain a state of mental well-being. It can also be defined as a person's ability to deal effectively with the demands ' and challenges of everyday life.
- Values are the guiding principles in a society, which make people, adjust and fit well as members of a group. They are treasured as they are useful in individual's lives and in decision making.