

same throughout the whole day. This led to the conclusion that obesity can weaken the way the body clock works in conjunction with the circulation of blood within us, which can in effect correspond to the expression of cardiovascular genes and their loss of the circadian rhythm.

This is significant because it helps get the point across to people that obesity is a real problem that can have damaging effects on people. It is not something to be taken lightly and the more we know about obesity, the better the chances that we can get through to obese people to change their lifestyles. This work is very important because now scientists know some of the defects that obesity gives to the body and now they can come up with ways to help obese people. I believe that this is a very big issue nowadays with many people being obese and non-active. And this research helps obese people know what it means to be obese from a health related standpoint.

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