However everything has some of its disadvantages, technology has its own too. Some people think that the Internet is making people lazy, particularly when it comes to essay or project research as instead of reading books in a library, one can just perform a Google search. With the increasing variety of social networking sites such as Facebook and Twitter, a lot of people are worried that traditional communication skills will be lost. Research has shown that technology can cause a number of problems with a person's health. Many scientists, doctors and researchers are concerned about possible links between technology and heart problems, eye strain, obesity, muscle problems and deafness.

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