

PURPOSE

- The purpose of this is to communicate minimum health and safety requirements for managing the risks associated with working at height activities.

Control measures

- First assess the risks. Factors to weigh up include the height of the task, the duration and frequency, and the condition of the surface being worked on.

Before working at height work through these simple steps:

- **avoid** work at height where it's reasonably practicable to do so
- where work at height cannot be easily avoided, **prevent** falls using either an existing place of work that is already safe or the right type of equipment
- **minimise** the distance and consequences of a fall, by using the right type of equipment where the risk cannot be eliminated
- For each step, always consider measures that protect everyone at risk (collective protection) before measures that only protect the individual (personal protection).