Give the benefit of the doubt Believe someone's statement, without proof.

Hear it on the grapevine This idiom means 'to hear rumors' about something or someone.

Hit the nail on the head Do or say something exactly right

Hit the sack / sheets / hay To go to bed.

In the heat of the moment Overwhelmed by what is happening in the moment.

It takes two reson

Jump on the bandwagon Join a popular trend or activity.