

Before we embark on addressing this topic, we should try to understand about communicable diseases. Surely, communicable diseases, as the very word 'communicable' implies are those diseases which are communicated from person to person. This communication of diseases often takes place through certain medium such as air or water.

The commonest communicable diseases are T.B, asthma, bronchitis, cholera, Hepatitis B and C, diarrhea, dysentery, etc. In order to prevent these diseases, it is essential to keep the atmosphere neat, clean and hygienic such as not to create an ambience for the concerned bacteria to grow and flourish.

It is essential to take effective steps to prevent the multiplication of flies, mosquitoes, cockroaches, etc. which act as agents who carry the disease germs to the victims. Hands must be washed before eating and all clothes and utensils must be kept clean and