Carbohydrate Metabolism

- Regulation of Glycolysis
- Gluconeogenesis
- Glycogen Metabolism

Organic Compounds

- Glycogen
 - Most abundant storage carbohydrate
 - Branched out chain of glucose molecules
- **Triglycerides**
 - Most abundant storage lipids
 - Primarily of fatty acids
- **Proteins**
 - Most abundant organic components in body
 - Perform many vital cellular functions

