## 9.02 Warm Up: Footy Circus (10 minutes)

- 1. Students get put into their allocated grid (one for the girls and one for the boys) and they will each have a football
- 2. Teacher calls out different movements for the students to complete as they stand in their grid with about 5 metres between each person
- 3. Going through these movements gets the students used to the shape of the football
- 4. Movements can include: handling the ball through the legs, around the waist, kick to yourself and catch, handball and clap, throw and clap, catch the ball as low to the ground as possible etc ..
- Aim is to interact with the ball and get a feel for the different shape it is to other balls

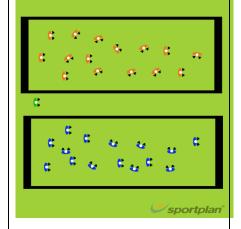
## **Ball Control**

-Students should aim to catch the football doing simple movements and slowly work their way up to more complex movements once the ball shape and size becomes more familiar

-Everyone should be involved and participating in the activities called out from the teacher, help the ones that are struggling and give a one on one demonstration.

-Teacher is in between the two groups and watching how the students are going (walking around).

-Once a movement has been completed a few times, teacher gets the attention of entire group and stands at the front, demonstrating the movement.



9.12

Bridging organization
To move smoothly onto the next activity, bring the class in an Oe the students get into partners and have a seat on the ground with that person. Making sure that everyole still has a ball. Preview