

SCHOOL OF HEALTH SCIENCES LESSON PLAN HPE1202

LESSON ORGANISATION (based on Australian Curriculum: Health & Physical Education)

Intention: By the end of the lesson students should be able to correctly take an overhead mark, chest mark and low mark. But also be able to mark an incoming football and then kick and drop punt through the goals.

Pre-lesson organisation:

Ensure the footballs are pumped up ready to be used by the students, enough for each student in the class, but if not 1 footy between 2 students. Organise 2 grids set up next to each other.

Equipment:

-20x footballs minimum -20x cones -6x bibs

Learning Area Outcomes: Year 7 Football Program		
Strand: Movement and Physical Activity (MPA)		
Sub-Strand: Moving our body (MB), Understanding Movement (UM), Learning through Covement (LM)		
Strand: Movement and Physical Activity (MPA) Sub-Strand: Moving our body (MB), Understanding Movement (UM), Learning through Novement (LM) Focus Areas: Active Play and Minor Games (AP), Fundamental Movement (Settls (FMS), Games and Sport (GS)		
Time		Task Management (Management of Student Group)
9.00	Beginning class controls from: -Bring the Plass in the stationary point and call from p the handball skill learnt last week	
	-Discuss what this lesson is going to consist of the and the key teaching points involved	
	-Divide the group in half and these will be the groups for the first activity	