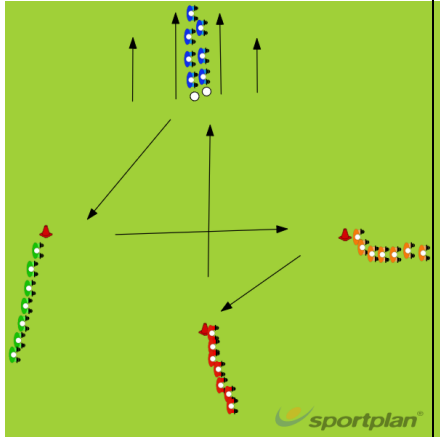


9.13	Activity 1: Crossbow 1. Split the group into 4 lines and arrange one in the goal square, one on the top of the forward 50, one on the right half forward flank, and the left half forward flank 2. The group from the goal square starts with the football and kicks the footy out to the group on the right half forward flank 3. From the right forward flank, that group kicks the football to the opposite flank and they take a mark 4. From the left half forward flank a short handball is made to the group in the middle of the 50, and from there they receive the ball and kick a goal 5. Keep going around until everyone has had 2 shots on goal	Kicking -The preferred kick for the drill would be a drop punt and this will allow accurate kicks from group to group and then a shot at goal once the ball gets the last group -Students should start off slowly and add in more intensity towards the end of the drill once they have the pattern of kicking and the understanding of the drill	-Teacher should stand behind the goals and walk around up beyond the 50m arc to watch and observe the students with their kicks -If the students are going through very easily add in a defender to the drill, but the teacher should make a judgment and assess on this decision 
9.20	Bridging organisation -Leave the cones used in the group as they will be required for the next activity -Bring the students in and explain how the next drill is going to run -Students need to be switched on and ready for the AFL 9s match		
Time	Task(s) (What students do)	Observations (What to look for)	Task Management (Management of Student Group)