

Tutorial Four

Games for Understanding - A tactical games approach

- Defensive and Counter-Attack Strokes (Cont. Week 2-3)
- Competition (Trials & Pre-Season)
- Introduce strokes from the forecourt
- Introduce the strategies & tactics of doubles play
- Discussion for SEPEP season
 - o game modifications
 - o fixtures
 - o ethics
 - o results
- Evaluate the doubles pairs for SEPEP (Pre season)

1. Warm up

Badminton - Winning the point (Cont. from last week)

Court Area

-½ a badminton court

Conduct Rules

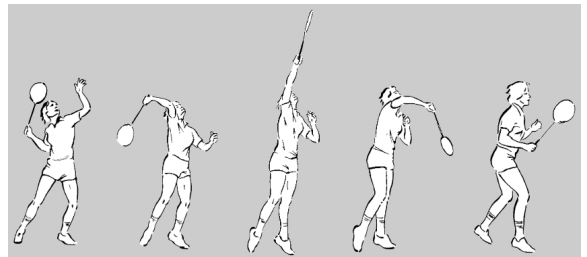
-Use a high serve to midcourt

Procedural Rules

-Server-5 Receiver-7. Points are scored for each rally

Tactical Solution

-Awareness of when to attack a weak serve or shot.



Attack: Where can you smash from most easily?
What kind of shot are you looking for from your opponent?

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