

Homework

CYPD 5.1 ☒ Name and explain how a range of transition affects child's development.

CYPD 2 5.2 ☒ Evaluate the effects on children's having positive relationships during period of transition.

A period of transition could be a constructive and positive experience or a upsetting or negative experience, however, having positive relationships during transition can make a huge difference to child's emotional and psychological wellbeing.

A child may face a number of transition throughout their childhood which may include moving houses, starting a new school or changing schools, illness or death of a family member, diagnosis of illness or disability, moving to new country, addition or separation of a family member etc.

Starting a new school is a major life transition for the children and their families as they would have to adjust to new roles, expectations and identities. The physical and social environment could be very different from home, childcare or kindergarten as they would have academic expectations and new social relationships and routine. To help bridge the gap and support children through this transition, a number of methods are used by schools. The children may start school using "settling in" sessions. This method is used to encourage child to gradually settle in their new routine and environment. The parents are encouraged to spend some time at the beginning of class with their child to help and support them getting use to of new surroundings and environment.

A negative transition or change could be a very upsetting experience for a child. The psychological and emotional development of a child could be effected for example at the time of bereavement or parent's personal issues such as divorce or separation could have negative impact on child's emotional development, however, positive relationships and support of friends and family members, a carer and peer group network or support at school can help the child significantly to move through that transition.

A child could be supported during transition in a number of ways. it is advised to have open and friendly discussion about the transition and build strategies to reassure the child. In addition to this, a child should be provided with activities that help to distract focus as well as plenty of opportunities for communication.

A positive relationships during a period of transition could be very beneficial to the child. When appropriate support in provided to a child during transition, he/she will experience warm, consistent and predictable care and will see adults as reliable, supportive and caring when dealing with difficult thoughts, feelings and events (1). In addition to this, understanding the underlying reasons of the difficulties a child faces and developing helpful strategies, will increase the capacity of a child to cope with transitions, giving them both the positive experience of managing change and belief in their skills to overcome adverse circumstances.

References (1)http://www.youngminds.org.uk/training_services/young_minds_in_schools/wellbeing/transitions

(2)www.silkysteps.com

Good points Saba, you consider the positive as well as the negative. DEGabica 19.3.14