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[Trainer's Handbook - A 14 days Teaching Methodology Course](#) (DED; 190 pages)



[A 14 DAYS TEACHING METHODOLOGY COURSE TRAINERS' HANDBOOK - Version 1., August 1997](#)



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HANDOUT 9. TYPES OF TEACHING METHODS

There are different types of teaching methods which can be categorised into three broad types. These are teacher-centred methods, learner-centred methods, content-focused methods and interactive/participative methods.

(a) INSTRUCTOR/TEACHER CENTRED METHODS

Here the teacher casts himself/herself in the role of being a master of the subject matter. The teacher is looked upon by the learners as an expert or an authority. Learners on the other hand are presumed to be passive and copious recipients of knowledge from the teacher. Examples of such methods are expository or lecture methods - which require little or no involvement of learners in the teaching process. It is also for this lack of involvement of the learners in what they are taught, that such methods are called "closed-ended".

(b) LEARNER-CENTRED METHODS

In learner-centred methods, the teacher/instructor is both a teacher and a learner at the same time. In the words of Lawrence Stenhouse, the teacher plays a dual role as a learner as well "so that in his classroom extends rather than constricts his intellectual horizons". The teacher also learns new things everyday which he/she didn't know in the process of teaching. The teacher, "becomes a resource rather than an authority". Examples of learner-centred methods are discussion method, discovery or inquiry based approach and the Hill's model of learning through discussion (LTD).

(c) CONTENT-FOCUSED METHODS