

Lifestyle choices

- affect some conditions

Alcohol

- changes various chemical processes in the body, including reaction time
- may cause people to become dependent on, addicted to and suffer withdrawal symptoms without it
- can cause long-term physical damage, e.g. liver, circulatory and heart diseases

Drugs

- misused
- affect people's bodies

Obesity and type 2 diabetes

- There is a link between rising levels of obesity and increasing levels of type 2 diabetes.

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