

⑤ Isovolumetric Relaxation

- when aortic > ventricular pressure, the semilunar valves close causing 'dub' S₂ sound
- Small ~~back~~ backflow of blood into ventricles
⇒ notch (dicrotic)
- pressure in aorta + PT ↑↑ (dicrotic wave) followed by a decline in pressure
- decline in pressure in ventricles depends on the rate of relaxation - lusitropy
- although pressure in ventricles ↓↓, volume does not change as all valves are closed
volume that remains in ventricle = end-systolic volume

$$\text{Stroke Volume} = \text{EDV} - \text{ESV}$$

- atrial pressure continues to rise and reaches a peak at v-wave

⑥ Rapid Filling

- as ventricles relax, ventricles < atria and AV valves open
- ~~intraventricular~~ intraventricular pressure continues to decrease because they are still relaxing but will slowly rise as they are being filled
- opening of valve causes ↓ in atrial pressure (y-descent) - also seen on JVP trace
- In children, S₃ sound is heard due to tensing of papillary muscles and chordae tendineae

⑦ Reduced Filling

- as ventricles fill, pressure gradient becomes less steep + rate of filling ↓↓
- ventricles 90% filled before atrial contraction