

E. Foams, cream, jellies, etc
: chemical spermicide
inserted in vagina before
intercourse, prevent
sperm from entering the
uterus.

→ Intrauterine device (IUD's):
Inserted by a
doctor or trained nurse into the
female uterus through vagina.

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IUD's may be :

- Non-medicated IUD's (e.g. lapper loop)
- Copper releasing IUD's (cuT, cu7, multiload375)
- The hormone releasing IUD's (progesterone, lng-20)

→ Oral pills : these are
combination of progesterone or

to a healthy society.

1. Avoid sex with unknown partners as well as multiple partners.
2. Always use condom during coitus.
3. In case of any doubt, go to a qualified doctor for early detection and get complete treatment if diagnosed with disease.

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