

Torsion of the testicle in the scrotum indicates that your testicle has rotated in the scrotum. This can cause the spermatic cord to become tangled, cutting off blood supply, nerve function, and sperm delivery to the scrotum.

Testicular torsion symptoms include:

- severe scrotum pain
- swelling of the testicle
- lower abdominal pain
- feeling nauseous
- vomiting
- feeling like the testicle is out of place
- urinating more than usual

Testicular torsion can be caused by several factors, including:

- injury to the scrotum
- exercising too long or hard
- being exposed to cold temperatures
- free movement of the testicle in the scrotum caused by a genetic condition

Your doctor can treat testicular torsion by manually repositioning the testicle. In some circumstances, surgery may be required to untwist the spermatic cord.

Orchitis

A swollen or inflamed testicle is referred to as orchitis. Orchitis, like epididymitis, is frequently caused by an STI infection.

Symptoms of orchitis include:

- testicular pain and tenderness
- a swollen testicle
- fever
- feeling nauseous
- vomiting

Orchitis can be caused by both bacterial and viral illnesses. Antibiotics or antiviral medicine, along with nonsteroidal anti-inflammatory medications or cold packs, can help alleviate discomfort and agony. Orchitis normally clears itself in 7-10 days.

Hypogonadism

When your body does not produce enough testosterone, you have hypogonadism. It can be caused by a testicular problem or by your brain failing to correctly encourage hormone production.