

her feeling, her problem, condition.
(to identify factor that cause her to feeling anxious and hence, finding the solution to ease her anxiety)

5. Educate p/t with effective and appropriate coping mechanism ; reading, listening to music, what she like to do,, eat a well-balanced diet, talking with family frequent)
(manage anxiety effectively using which way she felt comfortable with)

6. Communicate with p/t in a private, silent condition and calm attitude
(p/t will feel more calm and trust the health care staff to take care of her)

7. Document and evaluate the interventions that being carried out. Discuss with Dr or other health care staff for further interventions
(to evaluate effectiveness of interventions)

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Page 4 of 4