

The day of the final match arrived and they reached their destination with all their nerves gathered up. As guided by her psychologist, she had to stay calm, so the other members of the team also stay calm.

If you want to be the best, you have to do things what other people aren't willing to do.

(Michael Phelps 22-Olympic Medalist)

Almost 10 minutes prior the match, when they were practicing the ball accidentally hit the ring finger of her hand. She started experiencing pain & felt like that her bone has displaced. She informed her psychologist & coach, they provided her with first aid but didn't let her confidence down. And as the match was about to start, so they didn't allow her to tell her other team members. As she was the captain & knowing that she's being hurt wouldn't worried them more.

The psychologist advised her to play as a server throughout the whole round. As she continued playing with all her strength. They won the first match & second match was one by the opponent team. The last round (THE FINAL ROUND) was the most important & nerve-wracking. She could hear the people chanting their names in support.

STRENGTH IS A MATTER OF A MADE UP OF MIND.

(John Beecher).

She decided to play as a server throughout the whole last round, as advised by her sports psychologist. And in the end, they took away the victory with her last winning shot. The joy she felt at that moment was something she had never experienced before
EVERYONE WAS PROUD OF THEIR PERFORMANCE.