

General Examination

- ♦ The patient is ill-looking and emaciated.
- ♦ Moderately anemic.
- ♦ No jaundice, cyanosis, clubbing, koilonychia, leukonychia or edema. No lymphadenopathy or thyromegaly.
- ♦ Pulse: 100/min, BP: 110/70 mm Hg, Temperature: 98°F, Respiratory rate: 18/min.

Systemic Examination

Gastrointestinal System

- ♦ Lips, gums, teeth, and oral cavity: Normal.
- ♦ Tongue: Pale.

Abdomen:

Inspection—no abnormality detected.

Palpation—

- ♦ There is a mass in left iliac fossa, 3 × 4 cm, nontender, firm in consistency, surface is irregular, margin is irregular and it is immobile.
- ♦ Liver: Enlarged, ... cm from costal margin in right mid-clavicular line. Margin is round, surface is irregular and nodular, non-tender, hard in consistency. Upper border of liver dullness in ... intercostal space in right mid-clavicular line. There is no hepatic bruit.
- ♦ Spleen: Not palpable.
- ♦ Kidneys: Not ballotable.
- ♦ Succussion splash: Absent.

Percussion: No abnormality detected.

Auscultation: No abnormality detected.

Digital rectal examination (DRE): No abnormality.

The examination of the other systems reveals no abnormalities.

Salient Features

Mr ..., a 70-year-old, retired policeman, normotensive, nondiabetic, nonsmoker, hailing from ..., presented with occasional pain in the left lower abdomen for ... months. The pain is colicky, localized, associated with constipation and relieved by bowel movement. It has no relation to food or empty stomach. Stool is semisolid or sometimes hard in consistency and very often mixed with fresh blood. The patient also complains of marked loss of appetite and significant weight loss over the last ... months. There is no history of fever, excessive sweating, polyuria, diarrhea, vomiting, hematemesis or melena. There is no significant past medical history. All his family members in good health. He used to take some vitamins and pain killers, antacid, omeprazole.

On examination: General examination (as mentioned earlier).

Systemic examination (as mentioned earlier).

My diagnosis is **carcinoma colon with hepatic metastasis**.