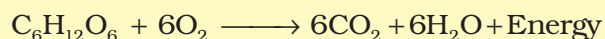


directly (herbivores) or indirectly (carnivores). Saprophytes like fungi are dependent on dead and decaying matter. What is important to recognise is that ultimately all the food that is respired for life processes comes from photosynthesis. This chapter deals with **cellular respiration** or the mechanism of breakdown of food materials within the cell to release energy, and the trapping of this energy for synthesis of ATP.

Photosynthesis, of course, takes place within the chloroplasts (in the eukaryotes), whereas the breakdown of complex molecules to yield energy takes place in the cytoplasm and in the mitochondria (also only in eukaryotes). The breaking of the C-C bonds of complex compounds through oxidation within the cells, leading to release of considerable amount of energy is called **respiration**. The compounds that are oxidised during this process are known as **respiratory substrates**. Usually carbohydrates are oxidised to release energy, but proteins, fats and even organic acids can be used as respiratory substances in some plants, under certain conditions. During oxidation within a cell, all the energy contained in respiratory substrates is not released free into the cell, or in a single step. It is released in a series of slow step-wise reactions controlled by enzymes, and it is trapped as chemical energy in the form of ATP. Hence, it is important to understand that the energy released during oxidation in respiration is not (or rather cannot be) used directly but is used to synthesise ATP, which is broken down whenever (and wherever) energy needs to be utilised. Hence, ATP acts as the energy currency of the cell. This energy trapped in ATP is utilised in various energy-requiring processes of the organisms, and the carbon skeleton produced during respiration is used as precursors for biosynthesis of other molecules in the cell.

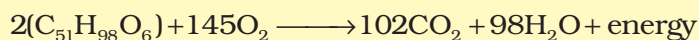
14.1 DO PLANTS BREATHE?

Well, the answer to this question is not quite so direct. Yes, plants require O_2 for respiration to occur and they also give out CO_2 . Hence, plants have systems in place that ensure the availability of O_2 . Plants, unlike animals, have no specialised organs for gaseous exchange but they have stomata and lenticels for this purpose. There are several reasons why plants can get along without respiratory organs. First, each plant part takes care of its own gas-exchange needs. There is very little transport of gases from one plant part to another. Second, plants do not present great demands for gas exchange. Roots, stems and leaves respire at rates far lower than animals do. Only during photosynthesis are large volumes of gases exchanged and, each leaf is well adapted to take care of its own needs during these periods. When cells photosynthesise, availability of O_2 is not a problem in these cells since O_2 is released within the cell. Third, the



$$\text{RQ} = \frac{6\text{CO}_2}{6\text{O}_2} = 1.0$$

When fats are used in respiration, the RQ is less than 1. Calculations for a fatty acid, tripalmitin, if used as a substrate is shown:



Tripalmitin

$$\text{RQ} = \frac{102\text{CO}_2}{145\text{O}_2} = 0.7$$

When proteins are respiratory substrates the ratio would be about 0.9.

What is important to recognise is that in living organisms respiratory substrates are often more than one; pure proteins or fats are never used as respiratory substrates.

Plants unlike animals have no special systems for breathing or gaseous exchange. Stomata and lenticels allow gaseous exchange by diffusion. Almost all living cells in a plant have their surfaces exposed to air.

The breaking of C-C bonds of complex organic molecules by oxidation cells leading to the release of a lot of energy is called cellular respiration. Glucose is the favoured substrate for respiration. Fats and proteins can also be broken down to yield energy. The initial stage of cellular respiration takes place in the cytoplasm. Each glucose molecule is broken through a series of enzyme catalysed reactions into two molecules of pyruvic acid. This process is called glycolysis. The fate of the pyruvate depends on the availability of oxygen and the organism. Under anaerobic conditions either lactic acid fermentation or alcohol fermentation occurs. Fermentation takes place under anaerobic conditions in many prokaryotes, unicellular eukaryotes and in germinating seeds. In eukaryotic organisms aerobic respiration occurs in the presence of oxygen. Pyruvic acid is transported into the mitochondria where it is converted into acetyl CoA with the release of CO_2 . Acetyl CoA then enters the tricarboxylic acid pathway or Krebs' cycle operating in the matrix of the mitochondria. $\text{NADH} + \text{H}^+$ and FADH_2 are generated in the Krebs' cycle. The energy in these molecules as well as that in the $\text{NADH} + \text{H}^+$ synthesised during glycolysis are used to synthesise ATP. This is accomplished through a