

- While collecting data, be aware of verbal/nonverbal messages to the patient
 - Genuineness: Be open, honest, and sincere with patient
 - Respect: Be non-judgmental, let him feel accepted as a unique individual
 - Empathy: Is knowing what patient means and acknowledging and understanding how he/she feels
- Organizing data- Cluster the data into groups of information (identify the pattern of illness)(database)
- Validating data- Double-checking/ verifying data whether it is factual or accurate
 - The assessment information must be accurate, factual, and complete
 - Nursing diagnosis and interventions will base on this

Documenting data

- Accurate documentation is essential which include all data collected about the client's health status
- Record in **Factual** manner, not interpretation (e.g. Recording breakfast intake as "Ate 2 pieces of bread toast, 1 egg, a cup of coffee" instead of "Good appetite"

Reporting- When will you report?

- Depending on each patient
- Disease condition- potential problems
- Family interests
- Psychological upset- may lead to suicidal attempt

Skills required for Health Assessment

- Cognitive skills- Assessment is a thinking process
 - Critical thinking- Why? How? What?
 - Clinical decision making- use knowledge & experience
- Problem-solving skill- with scientific methods- experience- "intuition" (with experience)
- Psychomotor skill- Assessment is "doing"
- Affective/Interpersonal skill- Assessment is "feeling" trust and mutual respect
- Ethical skills- Assessment is "being responsible & accountable" for your practice

Medical Assessment VS Nursing Assessment

- Assessment is part of medical practice. The process is the same but the outcome differ
- Medical assessment > Diagnosis and treatment
- Nursing Assessment- focus on the patient as a person and reach the optimal level of wellness (Holistic approach)
- Both should complement- not contradict
- Nursing assessment contribute to the identification of medical problems

Assessment is THINKING, FEELING, DOING, & is being ACCOUNTABLE & RESPONSIBLE for your practice