

Clinical counseling is a branch of psychology that deals with individuals who experience behavioral, cognitive, emotional, or social issues that hinder their capability to perform social and occupational functions.

There are currently debates on whether clinical counseling and clinical psychology differ.

In the Philippines, being a clinical counselor would fall under acquiring a licensure in guidance counseling and being a clinical psychologist would require a professional to acquire a license as a psychologist.

Rehabilitation counseling

Rehabilitation counseling focuses on helping individuals with physical disabilities to cope, adjust, and understand emotions, thoughts, and behaviors associated with their current condition.

Tasks of rehabilitation counselors

- help individuals view disability from a positive perspective
- assist clients in finding vocational opportunities
- help clients create new personal narratives about their experience
- generate opportunities for growth

Industrial counseling

The industrial counselor works in an organizational setting.

They are expected to provide support to various employee issues and challenges.

Employees who feel that they are valued, respected, and recognized by their companies are less likely to resign.

Marriage and family counseling

In marriage and family counseling, the counselor utilizes a family systems framework in addressing challenges, concerns, and issues.

Family systems framework