

27. A key term in the definition of learning refers to the potential for a person to perform a skill at a higher level than performed before beginning to practice the skill is Capability
28. A \_\_\_\_\_ curve shows larger increases in performance during early practice trials than in later trials. Negatively accelerating
29. A retention test typically follows a period of time after practice of a skill has ceased. TRUE
30. When using changes in coordination dynamics to assess learning, two important criteria to observe of the developing new coordination pattern are: consistency and stability
31. The number of degrees of freedom and the complexity of the underlying control mechanism can either increase or decrease during learning. TRUE
32. An experimental participant is attempting to learn a certain pattern with a computer cursor that requires a movement contrary to the participant's preferred movement. What performance pattern should be seen as the participant shifts from the preferred to the goal movement pattern? Stability-Instability-Stability
33. Patterns of coordination can be organized to exploit passive forces and minimize energy costs. TRUE
34. The Fitts and Posner stages of learning model proposes that learners engage in the highest amount of cognitive activity during the associative stage. FALSE
35. According to Bernstein, during the last phase of skill acquisition, learners: Exploit passive forces to minimize energy costs
36. Gentile's learning stages model indicates that in the first stage of learning, the learner must learn to discriminate between which two types of environmental context conditions?  
Regulatory vs. nonregulatory
37. According to Fitts and Posner, the learner moves through three stages when learning a motor skill. These are the cognitive, the associative, and the: Autonomous
38. Ericsson and colleagues refer to the type of practice that is essential for the attainment of expertise as: Deliberate practice
39. According to Gentile's stages of learning model, the learner's goals for the later stages depend on whether the skill is an open or closed skill. TRUE
40. As a person practices a skill, an important change that occurs is the capability to: Detect and correct errors

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