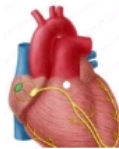


Cardiac

Arrhythmia



Depending on the activity level the heart beats about 100 times per minute. It may be higher during exercise or lower at rest. A normal heart rate and rhythm ensures the delivery of oxygen rich blood to all of the body's organs such as the brain and lungs.

A group of cells in the heart called the cardiac conduction system uses electrical impulses to control the speed and rhythm of each heart beat each heart beat starts in the right atrium in the sinoatrial then spreads through the walls of the heart chambers called the atria and ventricles causing them to contract this process repeats with each heart beat.

Types of arrhythmia

° FIBRILLATION- irregular heart beat rhythm

° TACHYCARDIA->100 beat rhythm/minute

° BRADYCARDIA- slow heart beat < 60/minute

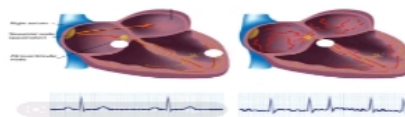
Treatment of arrhythmia

Lifestyle changes such as eating a heart healthy diet.

Exercise

Quitting smoke

Medication



Preview from Notesale.co.uk
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