- a. Being able to ride a bike
- 25. Skeletal muscle action potentials penetrate deep into the fiber via
  - a. T tubules
- 26. At the level of the sarcomere, a fully contracted muscle differs from a relaxed muscle in that
  - a. the distance between the Z discs is Shortened
- 27. A major reason for the phenomenon of *rigor mortis* is that
  - a. without ATP, the myosin head cannot detach from the actin
- 28. Smooth muscles are NOT striated because
  - a. myofilaments are not organized into sarcomeres
- 29. The ability of skeletal muscles to produce smooth movements is based on
  - a. temporal summation of twitch contractions
- 30. Which of the following contributes most to our ability to produce a wide range of forces

a. The number of activated motor neurons (and therefore motor unit)) can change
31. Which of the following processes to s NOT use up a simulficult amount of ATP during or following muscle compation
D. Crycolysis in the cytopol 39

Cocolysis in the cytoral

32. Which of the following is found in fast fatigable muscle fibers (active during short powerful movements)

a. Predominant use of the anaerobic pathway to produce ATP