

29-A 25-year-old woman badminton player had a severe shooting pain at the common extensor origin of wrist extensors muscles at the dominant hand and also weak handgrip strength when holding the racket.

Which of the following is the most appropriate description of this condition?

- A. Tennis Elbow
- B. Student Elbow
- C. Golfer's Elbow
- D. Nursemaid Elbow

30-A 27-year-old football player sustained a knee injury and was referred to the Physical Therapy Clinic. The initial evaluation showed that it appeared as if the "terrible triad" type of injury was present.

Which of the following major structures is most likely damaged in this type of injury?

- A. Lateral and medial menisci and patellar tendon
- B. Medial meniscus, medial collateral ligament, and ACL
- C. Medial collateral ligament, medial hamstring, and quadriceps muscle
- D. Lateral collateral ligament, iliotibial band, and lateral hamstring tendon

31-A 19-year-old wrestler fell on his elbow and then complained of pins and needles sensation in his small finger.

Which of the following is the most likely cause?

- A. Contusion of the ulnar nerve
- B. Injury to the brachial plexus
- C. Contusion of the median nerve
- D. Strain of the brachioradialis muscle

32-A 21-year-old football player with a knee injury; the physical therapist during knee assessment is thinking about anterior cruciate ligament injury. Which of the following is the most appropriate test?

- A. Lachman
- B. McMurray
- C. Varus stress
- D. Trendelenburg

33-A 23-year-old young athlete complains of right shoulder dislocation.

Which of the following is the most common direction?

- A. Anterior and superior
- B. Anterior and inferior
- C. Posterior and superior
- D. Posterior and inferior

34-An athlete developed severe pain in his thighs 48 hours after a long run.

Which of the following is the most likely explanation?

- A. Sprain
- B. Synovitis
- C. Muscle cramp
- D. Delayed onset muscles soreness

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56-A 61-year-old patient with a left CVA examined by a physical therapist is found to have a profound deficit of homonymous hemianopia.

Which of the following is the most appropriate initial strategy to help the patient in compensating for this deficit?

- A. Teach the patient to turn the head to the right side
- B. Provide constant reminders to look towards the right side
- C. Encourage the patient to remain in the right side-lying position
- D. Place items, eating utensils, and telephone on the right side

57-A 35-year-old patient with left side hemiplegia with moderate spasticity was referred to the Outpatient Clinic of physiotherapy for rehabilitation; the therapist treats the upper limb.

Which of the following is the suggested approach?

- A. Bobath
- B. Effleurage
- C. Brunnstrom
- D. Proprioceptive neuromuscular facilitation.

58-A therapist reviews an X-ray of a patient diagnosed as having spondylolisthesis.

What definition of spondylolisthesis is helpful for diagnosis?

- A. Forward slippage of a vertebra on the vertebra above it
- B. Forward slippage of a vertebra on the vertebra below it
- C. Posterior slippage of a vertebra on the vertebra above it
- D. Posterior slippage of a vertebra on the vertebra below it

59-Arthrokinematics refers to the movement of joint surfaces and can be described as the convex-concave rule.

Which of the following is the most appropriate description of the open-chain extension of the tibiofemoral joint convex-concave rule?

- A. Femur is rolling and gliding in the same direction on the tibia
- B. Tibia is rolling and gliding in the same direction on the femur
- C. Tibia is rolling and gliding in different direction on the femur
- D. Femur is rolling and gliding in different direction on the tibia

60-A 24-year-old basketball player fractured his left hand.

Which carpal bone is most likely fractured?

- A. Lunate
- B. Hamate
- C. Pisiform
- D. Scaphoid

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