

B-teres major

- C-supraspinatus tendon
- D-teres minor

258/A physical therapist is beginning an evaluation of a patient with a diagnosis of “knee strain”. Range of motion limitation does not follow the normal capsular pattern of the knee. Which of the following are possible causes of the restriction in range of motion?

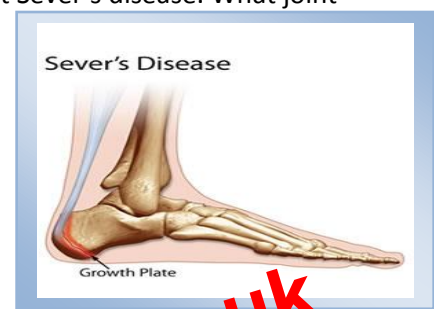
- a-Ligamentous adhesions
- b-Internal derangement
- c-Extra-articular lesions

d-All of the above

259/A child presents to physical therapy with a diagnosis of right Sever’s disease. What joint should be the focus of the therapist’s evaluation?

- a-Right knee joint
- b-Right hip joint
- c-Right wrist joint

d-Right ankle joint



260/A physical therapist is treating a 24-year-old woman with lumbar muscle spasm. Part of the patient's treatment involves receiving instruction on correct sleeping positions. Which of the following would be most comfortable?

- A-Supine with no pillows under the head or extremities
- B-Prone with a pillow under the head only.

C-Sidelying with a pillow between flexed knees

261/The therapist is treating a 52-year-old woman after right total hip replacement. The patient complains of being self-conscious about a limp. She carries a heavy briefcase to and from work every day. The therapist notes a Trendelenburg gait during ambulation on level surfaces. What advice can the therapist give the patient to minimize gait deviation?

a-Carry the briefcase in the right hand

b-Carry the briefcase in the left hand

c-The patient should not carry a briefcase at all.

d-It does not matter in which hand the briefcase is carried.

262/While gait training a patient following a cerebral vascular accident, you observe the knee on the affected side going into recurvatum during stance phase. The most likely cause of this deviation can be attributed to:

A-severe spasticity of the hamstrings or weakness of the gastrocnemius-soleus.

B-weakness or severe spasticity of the quadriceps

C-weakness of the gastrocnemius-soleus or spasticity of the pretibial muscles

D-weakness of both the gastrocnemius-soleus and pretibial muscles

263/Pt has calf msc tear type of massage used

A.taptman

B.vibration

C.effluraq

274/stretching for which muscle:-

- a)lateral rotator
- b)adductor
- c)hamstring
- d)calf muscle



275/ During an evaluation, the therapist taps on the flexor retinaculum of the patient's wrist, which causes tingling in the thumb. What test is this? For what condition does it screen?

- A-Phalen's test – carpal tunnel
- B-Finkelstein test – de Quervain's disease
- C-Tinel's sign – de Quervain's disease
- D-Tinel's sign – carpal tunnel



275/D- A positive Tinel 's sign screens for carpal tunnel syndrome when the tapping force is performed over the carpal tunnel itself. In Phalen's test, the therapist places the patient's wrists in maximal flexion and holds for 1 minute. The test is positive if there is paresthesia in the median nerve distribution. The Finkelstein test screens for de Quervain's disease by allowing the patient to make a fist with the thumb wrapped in the fingers. The test is positive if there is pain over the abductor pollicis longus and extensor pollicis brevis tendons.

276/A 27-year-old woman is referred to a physical therapist with a diagnosis of torticollis. The right sternocleidomastoid is involved. What is the most likely position of the patient's cervical spine?

- a-Right lateral cervical flexion and left cervical rotation
- b-Right cervical rotation and right lateral cervical flexion
- c-Left cervical rotation and left lateral cervical flexion
- d-Left lateral cervical flexion and right cervical rotation.

276/a. Torticollis involving the right sternocleidomastoid would cause right lateral cervical flexion and left cervical rotation.

277/A therapist assessing radial deviation range of motion at the wrist

The correct position of the goniometer should be as follows: the proximal arm aligned with the forearm and the distal arm aligned with the third metacarpal. What should be used as the axis point?

- a- Lunate
- b- Scaphoid
- c- Capitate
- d- Triquetrum

278/A therapist is instructing a patient in the use of a wrist-drive prehension orthotic. What must be done to achieve opening of the involved hand?

- A-Actively extend the wrist
- B-Passively flex the wrist
- C-Actively flex the wrist
- D-Passively flex the wrist

279/long measurement of lower limb from :

