

**A – radiating energy will become 4 times because the law of  $I/d^2$**   
**Where: I = Intensity, d = Distance between the source and the point of calculation**

**So, to double the distance from an infrared source decreases the intensity to  $(1/2)^2 = 1/4$  of its original value.**

**This is, of course, only strictly true if there is halving the distance will quadruple the intensity.**

ساعت فی الامداد

**14-T.E.N.S frequency :**

**a- 10 -70 HZ**

**b- 12 -20HZ**

**c- 5 - 50Hz**

**d- 1 - 250 Hz**

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**the correct Answer is :**

**D- 1 – 250 Hz , the rate of delivery of these pulses (the pulse frequency) will normally be variable from about 1 or 2 pulses per second (pps) up to 200 or 250 pps**

**12-When using ultrasound in treating chronic bursitis of hip, the most benefit might occur if the ultrasound frequency and dosage were:**

**A. 1 MHz and 1.5 Watts/cm<sup>2</sup>**

**B. 1 MHz and 0.5 Watts/cm<sup>2</sup>**

**C. 3 MHz and 1.5 Watts/cm<sup>2</sup>**

**D. 3 MHz and 0.5 Watts/cm<sup>2</sup>**

**The correct answer is :**

**A-1 MHz to reach in deep tissue & 1.5 Watts /cm<sup>2</sup> which is an adequate intensity for bursitis in hip region , so the choice is 1 MHz and 1.5 Watts/cm<sup>2</sup>**

**15-when you apply TENS for a patient and you find sever pain, what would you do**

**A -Decrease frequency**

**B-Increase wave length**

**C-Decrease pulse width**

**D-Switch off device**

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YOUR BEST CHOICE

جروب معا لستوفو في برومترك العلاج الطبيعي

The correct Answer is :

**D – switch off device**

16 -TENS stimulation

**A -Presynaptic inhibition**

**B -Presynaptic excitation**

**C -Post synaptic inhibition**

**D -Post synaptic excitation**

The correct answer is :

**A- presynaptic inhibition , TENS unit reduces pain through nociceptive inhibition at the presynaptic level in the dorsal horn, thus limiting its central transmission. The electrical stimuli on the skin preferentially activate low-threshold, myelinated nerve fibers. The afferent input from these fibers inhibits propagation of nociception carried in the small unmyelinated C fibers by blocking transmission along these fibers to the target or T cells located in the substantia gelatinosa (laminae 2 and 3) of the dorsal horn .**

17-when treating chronic pain which type of TENS used

a- brief

b- conventional

c- burst

d- acupuncture

The correct answer is :

**D- acupuncture like a tens ,**

**In acute stage we use : conventional or high frequency**

**In sub acute stage we use : burst**

**In chronic stage we use : low frequency (acupuncture)**

18-pat has chronic brachialgia the best tense use :

a-conventional

b-low frequency

c-burst

d-intense

The correct answer is :

**B – Low frequency , described as above**

itching. These signs and symptoms resolve three days later (a total of 4 days after treatment). What dosage did the patient receive?

- a- Sub-erythematol dose
- b- Minimal erythematol dose.
- c- *First-degree erythematol dose.*
- d- Third-degree erythematol dose.

**The correct Answer is:**

**C-first degree Erythematol dose**

Ultra-violet Radiation 161

Table 3. Standard doses of ultra-violet (E1-E4) classified by erythema reaction

Dose	Latent period (hours)	Appearance	Pigmentation	Desquamation
E1	Up to 12	Slightly pink	Nil	Nil
E2	4-6	Red	Slight	Powdery
E3	1-4	Fiery, red & painful	Marked	In sheets
E4	As E3 but with the formation of blisters			

43- pt has infected lumber wound use

- a) *Ultra Voilet*
- b) U/S
- c) TENS
- d) faradic

**The Correct Answer is:**

**A- ultra violet used for infected wound and with chronic wound we use HVPC**

44- Patient with groin pain 2 weeks ago used :

- a- cold + interferential
- b- hot + interferential
- c- pulsed US + interferential
- d- *continue US + interferential*

**The correct Answer is :**

**D-continue US+Interferential due to after 2 weeks ago it's mean that it's chronic so we use Us continues waves to make a thermal effect used for treatment chronic deep pain.**

45- pt has pain due to deep ms strain we use :

- a) *Pulsed U/S 1MHZ*
- b) ,, ,, 3MHZ