

- Hyperthyroidism (overactive thyroid).
- Goiter (enlarged thyroid).
- Thyroid cancer.

Hypothyroidism

Hypothyroidism (underactive thyroid) happens when your thyroid doesn't produce and release enough thyroid hormones. This causes aspects of your metabolism to slow down. It's a fairly common condition that affects approximately 10 million people in the United States. It is treatable.

Causes of hypothyroidism include:

- Hashimoto's disease, an autoimmune disease.
- Thyroiditis (inflammation of the thyroid).
- Iodine deficiency.
- A nonfunctioning thyroid gland (when the thyroid doesn't work correctly from birth).
- Over-treatment of hyperthyroidism through medication.
- Thyroid gland removal.

Hyperthyroidism

Hyperthyroidism (overactive thyroid) happens when your thyroid produces and releases more thyroid hormones than your body needs. This causes aspects of your metabolism to speed up. Approximately 1 out of 100 people over the age of 12 have hyperthyroidism in the United States. It is treatable.

Causes of hyperthyroidism include:

- Graves' disease, an autoimmune condition.
- Thyroid nodules.
- Thyroiditis (inflammation of the thyroid).
- Postpartum thyroiditis (inflammation of the thyroid that happens after giving birth).
- Excess iodine in your blood from diet and/or medication.
- Over-treatment of hypothyroidism through medication.
- A benign (noncancerous) tumor in your pituitary gland.

Goiter

Goiter is an enlargement of your thyroid gland. Goiters are relatively common; they affect approximately 5% of people in the United States