## **Ultimate Exam Taking Techniques**

If you're nervous about the exam and feel like you don't know anything, it's a good idea to start with what you know. This can serve as a warm-up to increase your self-confidence and belief that you can truly master this.

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## **\*** The Examination Day



Planning for the actual exam day is critical for you to have the best chance of performing well. Have a good breakfast, and bring healthy and nutritious food. Allow yourself plenty of time to active at the exam location without being rushed, especially if you have never been there before.

Make stre you unders and waat exam aids and other equipment are permitted and required for the exam. Pack the night before. You can also arrange for a friend to call you on the morning of your exam to see if you are on your feet and ready. As a result, you won't be able to oversleep.

When you don't have to worry about practical matters or anything else, you can concentrate on your exam.