

meaning. This can help you to avoid having to look up the definition of a word and will save you time during the test.

11. Only spend a little bit of time on a single question.

Only spend a little time on a single question: In the TOEFL reading section, time is critical. If you spend too much time on a single question, you may need more time to complete the other questions. Therefore, it is essential to avoid getting bogged down on any question and to move on if you are still looking for the answer in a reasonable amount of time. A good rule of thumb is to spend at least 2 minutes on any question.

Examples:

If you encounter a difficult vocabulary-based question, save time guessing the answer. Instead, make an educated guess and move on to the next question.

If you have been trying to answer a question for more than 2 minutes, it is time to move on. You can always come back to the question later if you have time.

Use Cases:

The time management strategy of spending less time on a single question is beneficial for students with difficulty with time management during exams.

This strategy can also be beneficial for students who need help with the content of the reading passages, as it will prevent them from getting

focus and avoid burnout. Taking short breaks to stretch, breathe, or meditate can help you to clear your mind and refocus.

Examples:

If you feel overwhelmed during the test, take a short break to stretch or meditate.

If you are anxious, take a few deep breaths to calm yourself.

Use Cases:

This strategy is helpful for students who struggle with focus and burnout during exams.

This strategy can also benefit students looking to reduce stress and improve their overall test-taking experience.

19. Use the process of elimination to narrow down answer choices.

Use the process of elimination to narrow down answer choices: The process can be a powerful tool in the TOEFL reading section. You can increase your chances of finding the correct answer by eliminating incorrect decisions.

Examples:

If you encounter a problematic multiple-choice question, eliminate the answer choices that you know need to be corrected.

If you need clarification on the correct answer, use the process of elimination to narrow down the answer choices and increase your chances of finding the right solution.