

How to Learn Faster with the Feynman Technique

The Feynman Technique is named after physicist Richard Feynman, who won the Nobel Prize in 1965 for his work in quantum electrodynamics. Feynman was able to boil down incredibly complex concepts and put them in simple language that other people could understand, and the technique can be used to improve your understanding of a concept in basically an area, as well as for multiple different purposes. The first step of the Feynman Technique is to simply get out a piece of paper and write down the name of the technique. Step two is to explain the concept and to do it in simple, plain English or French. Step three is to identify any areas that you're shaky on after your explanation, and then challenge yourself