

Human digestive system - How it works!

The human digestive system is very complex and has evolved over millions of years.. It basically consists of the rectum, the large intestine, the small intestine and the pancreas.. The stomach is composed of a similar structure to the esophagus.. about one to two liters of gastric juice are produced per day.. food also contains bacteria that can damage the body. vitamin B12 helps keep the body 's nerve and blood cells healthy and helps make DNA.. It also contains gastric lipase,, an acid resistant enzyme for fat digestion. in the small intestine, the intrinsic factor is needed to absorb vitamin B12.. The small