

2023 ATI Comprehensive Predictor Updated Version Study Guide

Do not delegate ----- Correct Answer ----- What you can *EAT*
E-evaluate
A-assess
* T*-teach

Addison's & Cushings ----- Correct Answer ----- Addison's = down down down up down
Cushings= up up up down up
hypo/hypermnatremia, hypo/hypertension, blood volume, hypo/hyperkalemia
hypo/hyperglycemia

Better peripheral perfusion? ----- Correct Answer ----- Elevate veins, D Angle Arteries

APGAR ----- Correct Answer ----- Appearance (a) pink, pale and blue, blue (pale)
Pulse (>100, <100, absent)
Grimace (cough, grimace, no response)
Activity (flexed, flaccid, limp)
Respirations (strong cry, weak cry, absent)

Airborne precautions ----- Correct Answer ----- MTV or My chicken hez tb measles, chickenpox (varicella) Herpes zoster/shingles TB

Airborne precautions protective equip ----- Correct Answer ----- private room, neg pressure with 6-12 air exchanges/hr mask & respirator N95 for TB

Droplet precautions ----- Correct Answer ----- spiderman! sepsis, scarlet fever, streptococcal pharyngitis, parvovirus, pneumonia, pertussis, influenza, diphtheria, epiglottitis, rubella, mumps, meningitis, mycoplasma or meningial pneumonia, adeNovirus (Private room and mask)

Contact precaution ----- Correct Answer ----- MRS WHISE
protect visitors & caregivers when 3 ft of the pt.
Multidrug-resistant organisms
RSV, Shigella, Wound infections, Herpes simplex, Impetigo, Scabies, Enteric diseases caused by micro-organisms (C diff),

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stress, frequent bathing and rest breaks, avoid cold and stimulating foods (surgery to remove tumor)

Tetralogy of Fallot ----- Correct Answer ----- DROP (Defect, septal, Right ventricular hypertrophy, Overriding aortas, Pulmonary stenosis)

Autonomic Dysreflexia ----- Correct Answer ----- (potentially life threatening emergency!) HOB elevate 90 degrees, loosen constrictive clothing, assess for full bladder or bowel impaction, (trigger) administer antihypertensives (may cause stroke, MI, seizure)

FHR patterns for OB ----- Correct Answer ----- Think VEAL CHOP!
 V-variable decels; C- cord compression caused
 E-early decels; H- head compression caused
 A-accls; O-okay, no problem
 L- late decels; P- placental insufficiency, can't fill

what to check with pregnancy ----- Correct Answer ----- Never check the monitor or machine as a first action. Always assess the patient first. Ex.. listen to fetal heart tones with stethoscope.

Position of the baby by fetal heart sounds ----- Correct Answer ----- Posterior
 --heard at sides
 Anterior---midline by umbilicus and side
 Breech- high up in the fundus near umbilicus
 Vertex- by the symphysis pubis.

Ventilatory alarms ----- Correct Answer ----- HOLD
 High alarm--Obstruction due to secretions, kink, pt cough etc
 Low alarm--Disconnection, leak, etc

ICP and Shock ----- Correct Answer ----- ICP- Increased BP, decreased pulse, decreased resp
 Shock--Decreased BP, increased pulse, increased resp

Cor pulmonale ----- Correct Answer ----- Right sided heart failure caused by left ventricular failure (edema, jugular vein distention)

Heroin withdrawal neonate ----- Correct Answer ----- irritable, poor sucking

brachial pulse ----- Correct Answer ----- pulse area on an infant

lead poisoning ----- Correct Answer ----- test at 12 months of age

Before starting IV antibiotics ----- Correct Answer ----- obtain cultures!

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