

▪ Location:	✓ Located at the base of the throat (just inferior to the Adam's apple) ✓ Easily palpated during a physical examination
▪ Lobes:	✓ Fairly gland consisting of two lobes joined by a central mass (Isthmus)
▪ Composition:	✓ Composed of hollow structures called follicles ✓ Store a sticky colloidal material
▪ Types of thyroid hormones:	✓ Often referred to as the body's major metabolic hormone ✓ Actually has 2 active iodine-containing hormones: • Thyroxine (T4) • Triiodothyronine (T3)
▪ Thyroxine:	✓ Major hormone secreted by the thyroid follicles
▪ Triiodothyronine:	✓ Mostly formed at the target tissue by conversion of the thyroxine to triiodothyronine
▪ Function:	✓ Controls the rate at which glucose is "burned" ✓ Oxidized and converted to body heat and chemical energy ✓ Important for normal tissue growth and development
▪ Calcitonon:	✓ ↓ blood calcium levels by causing calcium to be deposited in the bones ✓ Calcitonin is made by the so-called "Parafollicular cells" found in the connective tissues between the follicles

- **Parathyroid Glands**
 - Mostly **tiny masses** of glandular tissue

▪ Location:	✓ Located on the posterior surface of the thyroid gland
▪ Parathormone:	✓ Secrete parathyroid hormone (PTH) which is the most important regulator of calcium ion homeostasis of the blood ✓ PTH is a hypercalcemic hormone • Acts to ↑ blood levels of calcium ✓ Calcitonin is a hypocalcemic hormone ✓ PTH stimulates the kidneys and intestine to absorb more calcium

- **Adrenal Glands**
 - May looks like a **single organ** but it is structurally and functionally **two endocrine organs in one**

