

NR 601 MIDTERM EXAM 2 – QUESTION AND ANSWERS WITH ADDITIONAL RESOURCE LATEST 2023 A+ GRADED

1. The percentage of the FVC expired in one second is:
 - a. FEV1/FVC ratio
2. The aging process causes what normal physiological changes in the heart?
 - a. The heart valve thickens and becomes rigid, secondary to fibrosis and sclerosis.
3. A 55yo Caucasian male follows up after referral to cardiologist. He thinks his med is causing a cough and sometimes he has difficulty breathing. Which med was most likely prescribed?
 - a. Lisinopril
4. JM is a 68yo man who presents for a physical. He has T2DM x5yrs, smokes 1/2 PPD, BMI is 30. No other previous medical & no current complaints. According to the AHA/ACC guidelines, JM is stage A HF. Treatment goals for him include:
 - a. Heart healthy lifestyle
5. MJ presents with h/o structural damage with current s/s of HF. Treatment will be based on his stage of HF, which is:
 - a. Stage C
6. 65yo Caucasian female presents with mitral valve stenosis, physical exam unremarkable. You know her stage of HF is:
 - a. B
7. DG, 65yo man, presents for eval of CP and L-sided shoulder pain, beginning after strenuous activity, including walking. Pain is dull, aching, 8/10 during activity, otherwise 0/10. Began few mo ago, intermittent, aggravated by exercise, relieved by rest. Occasional nausea. Pain is retrosternal, radiating to L shoulder, affects QOL by limiting activity. Pain is worse today, did not go away after stopped walking. BP 120/80, HR 72 and regular. Normal heart sounds, no murmur, S1, S2. Which differential dx would be most likely?
 - a. Coronary artery dz w/angina pectoris

NR 601 MIDTERM EXAM 2 – QUESTION AND ANSWERS WITH ADDITIONAL RESOURCE LATEST 2023 A+ GRADED

89. What is the appropriate method for TB screening of an older adult entering a nursing home?
- a. 5 TBU intradermal PPD injection and if negative, repeat w/same dose one week later
90. Meds known to contribute to constipation include all of the following except:
- a. Broad-spectrum abx
91. All of the following are considered contributors to dysphagia except:
- a. Smooth muscle relaxants
92. The term "geriatric syndrome" is best described as:
- a. Condition that has multiple underlying factors and involves multiple systems
93. The anal wink reflex is used to test:
- a. Sensation and pudendal nerve function
94. Atypical presentation of acute coronary syndrome is:
- a. More common in females
95. What dz can mimic and often co-exists w/MI in elderly w/CAD?
- a. Esophageal dz
96. Thoracic aortic dissection presents typically as:
- a. Severe retrosternal CP that radiates to the back and both arms
97. Bordetella pertussis is best characterized by:
- a. Sub-acute cough lasting >2wks
98. Routine testing of TB should occur in all of the following vulnerable populations except:
- a. Hospitalized elderly
99. Which of the following statements about fluid balance in elderly is false?
- a. Assessment of skin turgor at the sternum is a reliable indicator of dehydration in elderly.

NR 601 MIDTERM EXAM 2 – QUESTION AND ANSWERS WITH ADDITIONAL RESOURCE LATEST 2023 A+ GRADED

100. Distinguishing delirium from dementia can be problematic since they may co-exist. The primary consideration in the DD is:
a. Rapid change and fluctuating course of cognitive function
101. Presbystasis is best described as:
a. Age-related disequilibrium of unknown pathology characterized by gradual onset of difficulty walking
102. If dizziness has a predictable pattern associated w/it, you should first consider:
a. Hypoglycemia
103. Evidence shows that the most important predictor of a fall is:
a. Prior h/o a fall
104. The most cost-effective interventions used to prevent falls are:
a. Home modifications and VitD supplements
105. Chronic fatigue syndrome is best described as:
a. Fatigue lasting longer than 6mo and not relieved by rest
106. Which form of HA is bilat?
a. Tension
107. Microscopic hematuria is defined as:
a. 3 or more RBCs on 3 or mor samples of urine
108. Risk factors associated with the finding of a malignancy in a pt w/hemoptysis include all of the following except:
a. Childhood asthma
109. Recent wt loss is defined as:
a. Loss of >10lbs over the past 3-6mo
110. The most common cause of disability in elderly is due to:
a. Arthritis

NR 601 MIDTERM EXAM 2 – QUESTION AND ANSWERS WITH ADDITIONAL RESOURCE LATEST 2023 A+ GRADED

Cough
Dyspnea
Wt loss
Anorexia
Hemoptysis

What is lung CA?

Malignant neoplasm originating in parenchyma of lung/airways

What are signal symptoms of MI?

Prolonged CP (>20min duration)
SOB
Confusion
Weakness
Worsening HF

What is an MI?

Necrosis of heart tissue caused by lack of blood and O₂ supply to the heart

What are signal symptoms of pneumonia?

Fever
Chills
Hypothermia
New cough w/or w/out sputum
Chest discomfort or dyspnea
Fatigue
HA

Some older adults will be asymptomatic but may experience falls/confusion

What is community acquired pneumonia?

Acute lower resp tract infection of lung parenchyma.
Can be bacterial or viral.
Bacterial is most common in older adults.

What are signal symptoms of a PE?

Dyspnea
CP on inspiration
Anxiety
Presentation is variable
Symptoms nonspecific
Some asymptomatic

What is PE description?

Occlusion of one or more pulmonary vessels by traveling thrombus originating from distant site.

Preview from Notesale.co.uk
Page 20 of 28