

At any meeting a majority of the voting members shall constitute a quorum.

(T/F) At least two meals shall be served daily to all patients in accordance with medical orders. - ANSFalse

at least three meals

(T/F) At the time of inspection, authorized representatives of the Department are not required to make their presence known to the administrator or other person in charge - ANSFalse

Any authorized representative of the Department shall make his/her presence known to the administrator or other person in charge

(T/F) Bedrooms shall have windows with views to the outdoors. - ANSTrue

(T/F) Board members shall be entitled to receive only such compensation and reimbursement as is prescribed by Chapter 93B of the General Statutes for State boards generally. - ANSTrue

(T/F) Clean linen storage may be provided in the same room as bulk supplies as long as it is on the same nursing unit. - ANSFalse

Clean linen storage shall be provided in a separate room from bulk supplies.

(T/F) Drug containers must be placed in a separate refrigerator than non-drug items. - ANSFalse

Drug containers must be placed in another container separate from non-drug items when stored in a refrigerator.

(T/F) Drugs intended for topical use, except for ophthalmic, otic, and transdermal medications, shall be stored in an area separate from the drugs intended for oral and injectable use. - ANSTrue

(T/F) Each bedroom shall be provided with one closet or wardrobe per bed. - ANSTrue

(T/F) Each combination facility shall provide a minimum of two residential washers and residential dryers in a location accessible by adult care home staff, residents, and residents' families. - ANSFalse

Each combination facility shall provide a minimum of one residential washer and residential dryer in a location accessible by adult care home staff, residents, and residents' families.

storage units for equipment and supplies also shall not be included in the areas. - ANSTTrue

(T/F) Following the initial visit, the physician may delegate this responsibility to a physician assistant or nurse practitioner every other visit. - ANSTTrue

(T/F) Food shall be served at the preferred temperature as discerned by the resident and customary practice, in a form to meet the patient's individual needs and with assistive devices as dictated by the patient's needs. - ANSTTrue

(T/F) For every nursing unit, or fraction thereof on each floor, a soiled linen storage room shall be provided. If the soiled linen storage room is combined with the soiled utility room, a separate soiled linen storage room is not required. - ANSTTrue

(T/F) For every two nursing units, a nurses' toilet and locker space for personal belongings shall be provided. - ANSFalse

For every nursing unit, or fraction thereof on each floor, a nurses' toilet and locker space for personal belongings shall be provided.

(T/F) Gradual dose reductions and behavioral interventions, unless clinically contraindicated, are required to be employed in antipsychotic therapy. - ANSTTrue

(T/F) The Board may elect not to hear its contested cases and refer contested cases to the Office of Administrative Hearings. - ANSTTrue

(T/F) For a temporary reciprocal license, if the applicant notifies the Board prior to expiration of the six-month term that the circumstances have changed such that the applicant cannot comply with the conditions imposed, the Board may extend the temporary reciprocal license not to exceed six months. - ANSTTrue

the Board may extend the temporary reciprocal license for an additional period not to exceed six months upon consideration of the following:

- (1) the period of extension requested;
- (2) the extent of control the applicant had over the situation causing the request for extension;
- (3) the applicant's good faith effort at compliance with the original term imposed; and
- (4) any issues arising during the term of the applicant at the facility identified during a survey conducted by the DHSR or a federal surveying agency

(T/F) If adult care homes are located in a separate building or a separate level of the same building, there shall be a person on duty in the adult care home portion of the facility at all times. - ANSTTrue

(T/F) Tuberculosis screening shall be done upon admission of ALL patients being admitted from settings other than hospitals, nursing facilities, or combination facilities. - ANSTrue

(T/F) Two adjacent emergency lighting fixtures may be on the same circuit. - ANSFalse

No two adjacent emergency lighting fixtures shall be on the same circuit.

(T/F) Two call buttons serving adjacent beds may be served by one calling station. - ANSTrue

(T/F) Under all circumstances, new additions, alterations, modifications and repairs shall meet the technical requirements of Sections .3100-.3400 of this Subchapter. - ANSFalse

New additions, alterations, modifications and repairs shall meet the technical requirements of Sections .3100-.3400 of this Subchapter; however, where strict conformance with current requirements would be impractical, the Division may approve alternative measures where the facility can demonstrate to the Division's satisfaction that the alternative measures do not reduce the safety or operating effectiveness of the facility.

(T/F) Upon admission, each resident or his or her responsible party must verbally acknowledge that they have received a copy of the CPR policy. - ANSFalse

Upon admission, each resident or his or her responsible party must acknowledge in writing having received a copy of the CPR policy.

(T/F) Verification of credentials shall be maintained in each employee's individual personnel record. - ANSTrue

13 components included in a comprehensive assessment: - ANS1) current medical diagnoses

2) medical status measurements (e.g., current cognitive status; vitals; abnormal lab values and diagnostics that are part of the medical history)

3) pt's ability to perform ADLs (including need for staff assistance and assistive devices and the patient's ability to make decisions)

4) presence of neurological or muscular deficits

5) nutritional status measurements and requirements (e.g., height, weight, labs, eating habits and preferences, restrictions)

6) special care needs (e.g., pressure sores, enteral feedings, specialized rehab or respiratory care)

7) indicators of special needs related to pt behavior or mood, interpersonal relationships and other psychosocial needs

8) facility's expectation of discharging the pt within 3 months of admission

9) condition of teeth and gums, need and use of dentures or other dental appliances

- 10) pt's ability and desire to take part in activities (including assessment of pt's normal routine and lifetime preferences)
- 11) pt's ability to improve in functional abilities through restorative care
- 12) presence of visual, hearing, or other sensory deficits
- 13) drug therapy

5-working day report of allegation investigation includes:

- 1)
- 2)
- 3)
- 4)
- 5)
- 6)
- 7) - ANS1) the date and time of the alleged incident

2) the patient's full name and room number

3) details of the allegation and any injury

4) names of the accused and any witnesses

5) names of the facility staff who investigated the allegation

6) results of the investigation

7) any corrective action that was taken by the facility

6 steps for new license applicants: - ANS1) meet educational and experience requirements

- 2) apply for and successfully complete the AIT program
- 3) apply for and successfully complete the required course
- 4) apply for and successfully complete the national exam
- 5) apply for and successfully complete the state exam
- 6) apply for licensure

A CCRC, having an agreement to care for all residents regardless of level of care needs, may temporarily increase bed capacity by _____ over the licensed bed capacity for a period up to _____ following notification to and approval by DHSR - ANS10% or 10 beds, whichever is less

60 days

A certified preceptor must complete _____ of CE during the 24 months preceding application for certification. - ANS40 hours

At the end of the approved AIT program, the preceptor shall submit a report and an evaluation of the AIT on forms provided by the Board. These forms are to be submitted to the Board within ____ of completion of the AIT program.

The forms shall require the name of the AIT, the place of training, an evaluation of the AIT's abilities, and other information that the Board requests. The preceptor shall sign the forms. - ANS10 days

Based on a resident's assessment, the nursing home must ensure that a patient maintains nutritional status, such as ____ and ____, unless the patient's clinical condition demonstrates that it is not possible. - ANSbody weight and protein levels

Bedrooms with more than one bed shall be provided with not less than ____ of floor area per bed. - ANS80 square feet

Between-meal fluids for hydration shall be available to all patients in accordance with: - ANSmedical orders

Calls shall register with the floor staff and shall activate a visible signal in the corridor at ____.

On multi-corridor nursing units, additional visible signals shall be installed at corridor ____.

In rooms containing ____ or more calling stations, indicating lights shall be provided at each station. - ANSthe patient's or resident's door, intersections;

two

Capacity definition - ANSthe maximum number of patient or resident beds for which the facility is licensed to maintain at any given time

CCRC meaning - ANSContinuing Care Retirement Community

Certified courses not administered by the Board shall be:

(1) submitted to the Board for approval ____ prior to the presentation of the program; and

(2) accompanied with a processing fee to cover the cost of reviewing and maintaining records associated by the continuing education program. The fee schedule is as follows:

-any course submitted for review, up to and including six hours, shall be accompanied by a non-refundable fee of ____; and

-the sponsor shall pay ____ for each additional hour for any course submitted for review that is greater than six hours. - ANS(1) 30 days

(2) \$100; \$10

The administrator shall provide and make available to representatives of the Department ____ and ____ records required to verify compliance with all rules contained in this Subchapter [13D] - ANS financial; statistical

The adult care home portion of the combined facilities shall have a separate area or areas set aside for activities, measuring not less than ____ per bed. - ANS 16 square feet

The adult care home portion of the combined facilities shall have a separate area or areas set aside for dining, measuring not less than ____ per bed. - ANS 14 square feet

The AIT applicant shall submit to the board: - ANS 1) an application containing: name, education, employment history, questions pertaining to moral character, criminal history, and an affidavit stating that the applicant, if granted a license, shall obey the laws of the state and the rules of the Board, and shall maintain the honor and dignity of the profession;

2) a resume

3) 3 reference forms (1 employer and 2 character). The employer reference form shall include the address of employment and the duties assigned, and the character reference form shall include how this individual knows the applicant and when the applicant is capable to supervise the care of residents in a skilled facility. No character reference shall be from a relative of the applicant.

4) An official transcript issued by an institution. Shall supply documentation of his/her experience in a nursing home if the applicant is utilizing experience substitute for the education requirement.

The availability of a controlled substance in an emergency kit shall be in compliance with _____. - ANS North Carolina Controlled Substances Act and Regulations (10A NCAC 26E)

The Board may issue a license to a NHA who holds a nursing home administrator license issued by the licensing authorities of any other state, upon payment of the current licensing fee, successful completion of the state examination, and submission of evidence to the Board that the applicant for licensure: - ANS (1) has personal qualifications, education, training, and experience substantially equivalent to those required in this state;

(2) holds a valid active license as a nursing home administrator in the state from which he or she is

transferring; and

(3) shall appear before the Board for a personal interview.

The Board may revise, suspend, or rescind the AIT training permit under what circumstances? - ANS Should the AIT or preceptor fail to follow the individualized curriculum, follow the training program, timely submit a report, serve at least a minimum number of hours, or otherwise comply with any applicable statute or rule

(2) include instruction in one or more of the following general subject areas or their equivalents:

- Resident Care and Quality of Life;
- Human Resources;
- Finance;
- Physical Environment and Atmosphere; or
- Leadership and Management - ANS(1) 1; 8

The Board shall charge a fee covering the cost of continuing education courses it sponsors, not to exceed _____. - ANS\$500

The Board shall have the power to employ or retain professional personnel, including _____ counsel and _____ or other special personnel deemed necessary to carry out the provisions of this Article. - ANSlegal; clerical

The Board shall ordinarily refuse to issue a declaratory ruling under the following circumstances:

- (1) when the Board has already made a controlling decision on substantially similar facts in a _____ case;
- (2) when the facts underlying the request for a ruling were specifically considered at the time of the adoption of the rule in question; or
- (3) when the subject matter of the request is involved in _____ in North Carolina. - ANS(1) contested
- (3) pending litigation

The Board shall provide to _____ the fingerprints of the applicant to be checked, a form signed by the applicant consenting to the criminal history record check and the use of fingerprints and other identifying information required by the State or National Repositories, and any additional information required by the Department of Justice - ANSNC Department of Justice

The Board shall, at the first meeting subsequent to January 1 of each year, elect who? - ANSa chairperson, vice-chairperson and secretary.

The Board's physical location and mailing address is:

The Board's website address is: - ANS3733 National Dr, Suite 110, Raleigh, NC 27612
www.ncbenha.org.

The brain injury long term care case manager is responsible for: - ANS1) coordinating the development, implementation and periodic review of the patient's treatment plan;

- (2) preparing a monthly summary of the patient's progress;
- (3) cultivating the patient's participation in the program;
- (4) general supervision of the patient during the course of treatment;
- (5) evaluating appropriateness of the treatment plan in relation to the attainment of stated goals; and

(6) assuring that discharge decisions and arrangements for post discharge follow-up are properly made.

The Chairperson of the Board shall appoint a Professional Standards Committee comprised of _____ to investigate the qualifications of applicants and to review and investigate complaints. - ANS another member of the Board, the Executive Director, and legal counsel

The contents of all prescriptions shall be kept in the _____ container bearing the _____ label as described in Subparagraph (b)(2) of this Rule. - ANS original; original

The CPR policy shall designate the level of CPR that is available using terminology defined by the American Heart Association. American Heart Association terminology is as follows:

- 1)
- 2)
- 3)
- 4) - ANS 1) Heartsaver CPR;
2) Heartsaver Automatic External Defibrillator (AED);
3) Basic Life Support (BLS); or
4) Advanced Cardiac Life Support (ACLS)

The criminal offenses included in the criminal history check of applicants for licensure include the follow crimes: - ANS Article 5, Counterfeiting and Issuing Monetary Substitutes; -Article 5A, Endangering Executive, Legislative, and Court Officers; -Article 6, Homicides; -Article 7A, Rape and Other Sex Offenses; -Article 8, Assaults; -Article 10, Kidnapping and Abduction; -Article 13, Malicious Injury or Damage by Use of Explosive or Incendiary Device or Material; -Article 14, Burglary and Other Housebreakings; -Article 15, Arson and Other Burnings; -Article 16, Larceny; -Article 17, Robbery; -Article 18, Embezzlement; -Article 19, False Pretenses and Cheats; -Article 19A, Obtaining Property or Services by False or Fraudulent Use of Credit Device or Other Means; -Article 19B, Financial Transaction Card Crime Act; -Article 20, Frauds; -Article 21, Forgery; -Article 26, Offenses Against Public Morality and Decency; -Article 26A, Adult Establishments; -Article 27, Prostitution; -Article 28, Perjury;

The facility shall ensure patients with limited ROM, or who are at risk for loss of ROM, receive treatment services to prevent development of ____ or ____, and to obtain/maintain their optimal level of functioning. - ANScontractures or deformities.

The facility shall ensure that ____ and ____ dental services are available for all patients. - ANSroutine and emergency

The facility shall ensure that a ____ is maintained, listing patients alphabetically by name, dates of admission, dates of discharge, and case number. - ANSmaster patient index

The facility shall ensure that accurate records of the receipt, use, and disposition of drugs are _____. - ANSmaintained and readily available

The facility shall ensure that all patients who are unable to perform ADLs receive the necessary assistance to maintain good ____, ____, and ____ hygiene. - ANSgrooming; oral; personal

The facility shall ensure that each patient is provided with a ____ meal that meets his or her daily nutritional and specialized nutritional needs. - ANSsuitable

The facility shall ensure that each patient's ____ is free from drugs used in excessive or duplicative therapy, for excessive duration, or without indications for the prescription of the drug. - ANSdrug regimen

The facility shall ensure that indwelling catheters are not used unless: - ANSthe patient's clinical condition necessitates their use

The facility shall ensure that medications are administered in accordance with applicable ____ licensure regulations and ____ recommendations. - ANSoccupational; manufacturer's

The facility shall ensure that menus are followed which meet the nutritional needs of patients in accordance with the recommended dietary allowances of the: - ANSFood and Nutrition Board of the National Research Council, National Academy of Sciences

The facility shall ensure that patients fed by enteral feeding tubes receive the proper treatment to avoid: - ANSaspiration pneumonia, metabolic, and gastrointestinal problems

The facility shall ensure that patients who are unable to feed themselves receive the appropriate ____, ____, and ____ when needed. - ANSassistance, retraining, and assistive devices

The facility shall ensure that:

- (3) sewage disposal system; trash disposal system
- (4) zoning
- (5) hazards and pollutants

The sponsor of a CE course shall submit a roster of those who attend to the Board within _____. - ANS10 days

The suspension is effective on the date specified in the _____ - ANSnotice of suspension

The suspension shall remain effective until the facility demonstrated to the Department:
- ANSthat conditions are no longer detrimental to the health and safety of the patients

The temporary license shall be issued by the chairman only for the period prior to the next meeting of the Board, at which time the Board may renew such temporary license for a further period only up to _____. - ANSone year

The terms of the Board members shall be limited to _____ consecutive terms. - ANS2

There shall be sufficient personnel employed to meet the nutritional needs of all patients in the areas of _____ diets, food preparation and service, principles of sanitation, and resident's preferences as related to food services. - ANStherapeutic

Three responsibilities of the physician at each visit: - ANS1) review the patient's medical plan of care

- 2) write or dictate and sign progress notes
- 3) sign and date all current orders

Three things the facility shall do while an allegation investigation is in progress:

- 1)
- 2)
- 3) - ANS1) investigate allegation

2) document all information pertaining to such investigation

2) take the necessary steps to prevent further incidents

Three weeks prior to the AIT's personal interview in front of the Board, the preceptor shall submit: - ANS1) a facility survey form (stating facility license number, address, number of beds)

- 2) a letter accepting the individual as an AIT
- 3) a Preceptor Disclosure Form stating the number of years the individual has served as an administrator and number of AITs precepted
- 4) a curriculum outline for the AIT program that provides the AIT with job experience in each department. A curriculum outline shall include each department in the facility and

Who establishes the QA committee? - ANS
The administrator

Who is responsible for the administering of nursing services?

- 1) medical director
- 2) attending physician
- 3) DON
- 4) administrator - ANS
- 3) DON

Who is responsible for the implementation of patient care policies and coordination of medical care in the facility?

- A) administrator
- B) director of nursing
- C) medical director
- D) attending physician - ANS
- C) medical director

Who is the National Exam provided by? - ANS
The National Association of Boards of Examiners for Nursing Home Administrators (NAB)

Who shall designate a physician to serve as medical director?

- A) administrator
- B) the facility
- C) the governing board
- D) director of nursing - ANS
- B) the facility

Who shall recommend to the Board whether the allegations in any complaint against an applicant or licensee, if proven, would warrant a contested case? - ANS
The Professional Standards Committee

Who shall review the petition and develop a recommendation as to whether to petitioner's proposed rule should be rejected or implemented, and who shall present the petition and recommendation to the Board at its next regular meeting following receipt of the petition? - ANS
The Executive Director

The Executive Director shall review the petition and develop a recommendation as to whether the petitioner's proposed rule should be rejected or implemented. The Executive Director shall present the petition and his recommendation to the Board at its next regular meeting following receipt of the petition, and the Board shall render its decision to either deny the petition or initiate rule-making. The Board shall notify the petitioner of its decision in writing within the period set by G.S. 150B-20.

Who, of a combination home, shall designate a person to be in charge of the adult care home residents at all times?

- A) medical director
- B) DON