

MY FAVOURITE FOOD

My favourite food is Sindhi biryani. It is a special meat and rice biryani dish originating from the Sindh province of Pakistan. Sindhi biryani is served in nearly all the flights of Pakistan International Airlines(PIA).

I also like to eat samosa with chutney and green chilies. Samosa is fried pastry with a filling of potatoes, onions, peas, and minced meat. It is triangular in shape. Samosa in today's world are also prepared in different regions. Biryani and samosa both are so good for our health. They both contain carbohydrate, protein, iron and vitamin A. Protein repairs cells of our body and our hair are mostly made of protein. All the people in my family like biryani. I don't like to eat fish. When I was in Pakistan I ate fish in Pakistan. It was disgusting and made me feel dizzy. However, my father and brother like fish.

