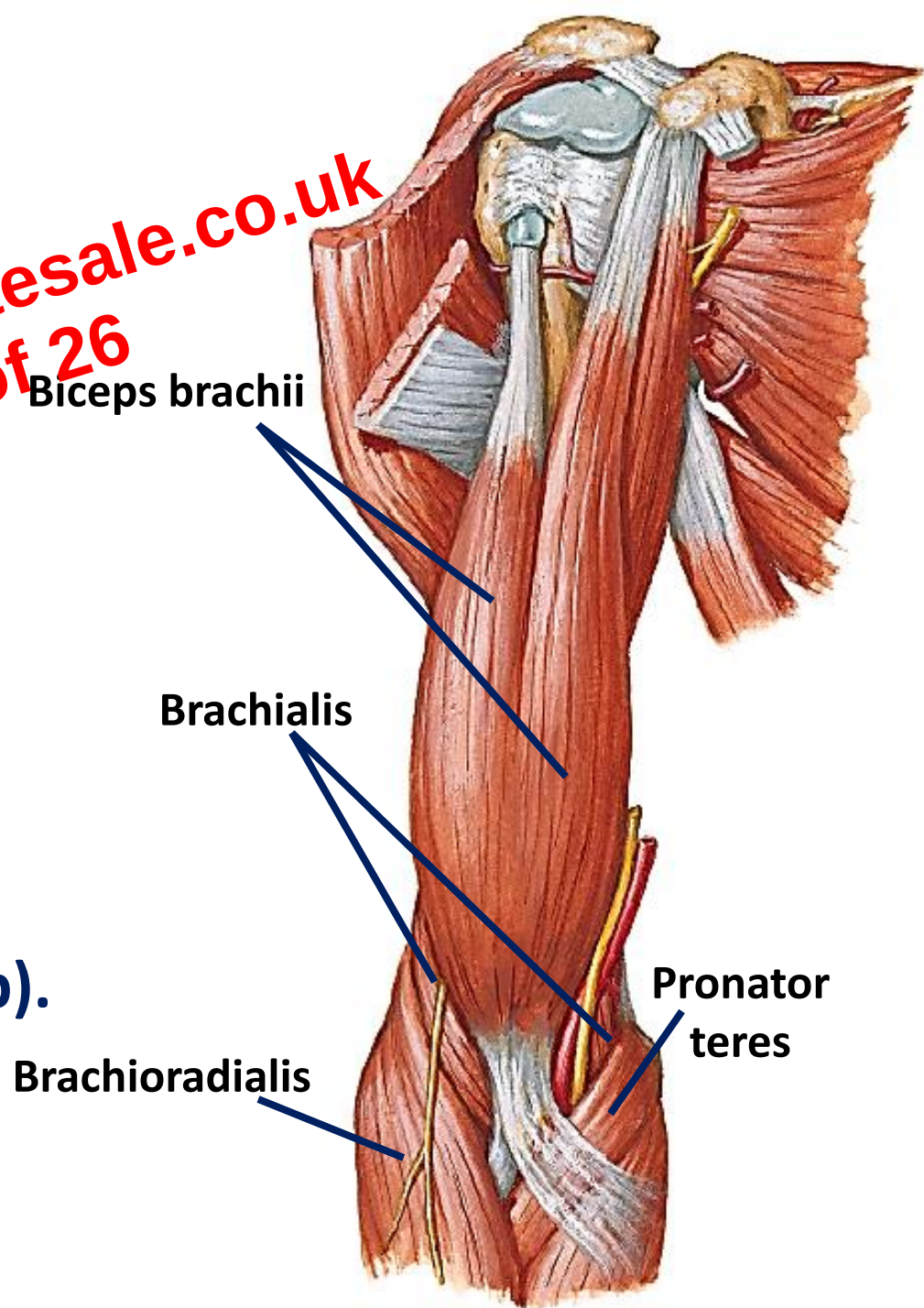


Anterior view

- Biceps brachii.
- Brachialis.
- Brachioradialis.
- Pronator teres.
- Pronator quadratus (deep).



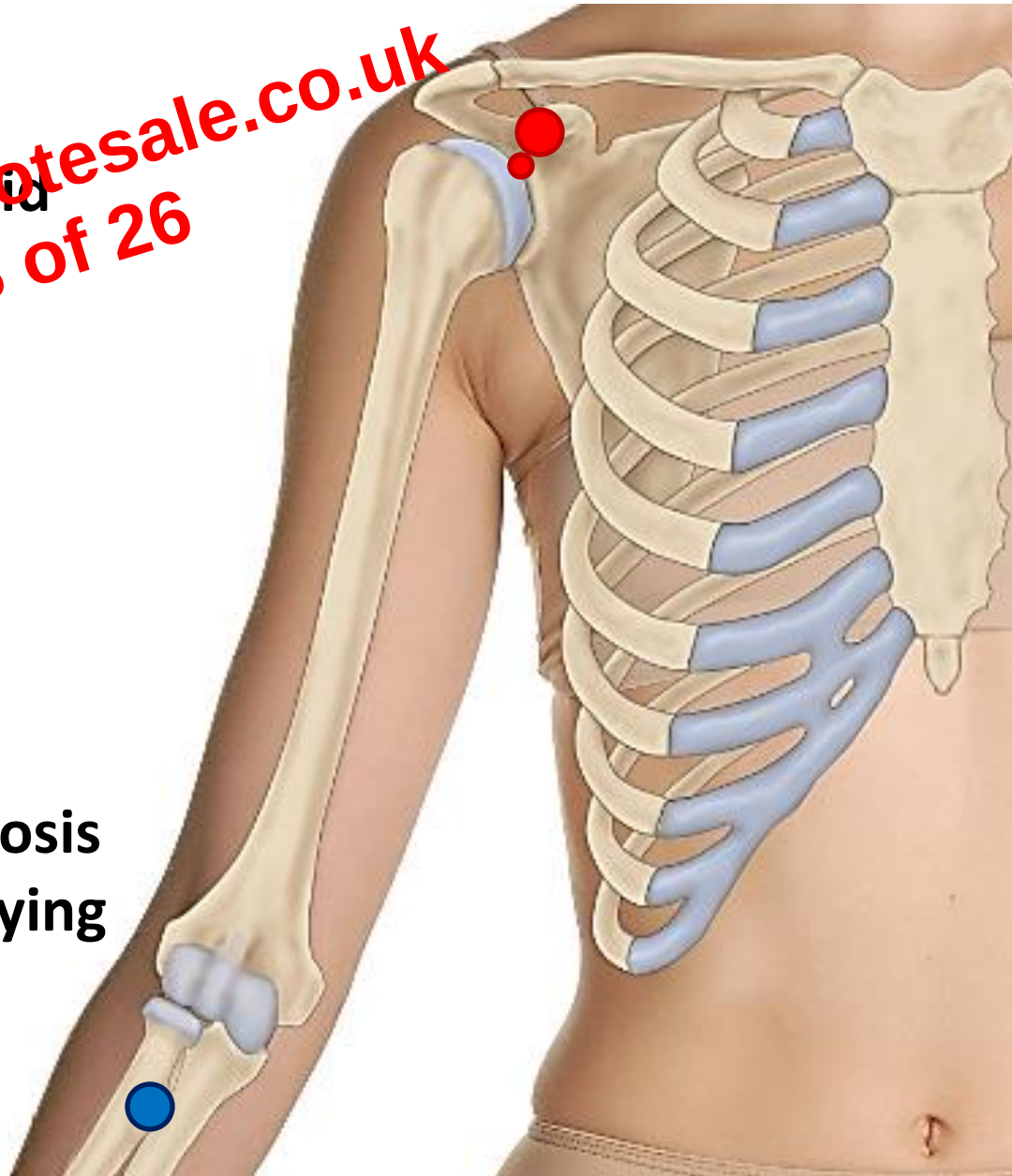
1) Biceps brachii

Origin:

- **Short head:** tip of coracoid process of scapula (with coracobrachialis).
- **Long head:** supraglenoid tubercle of scapula.

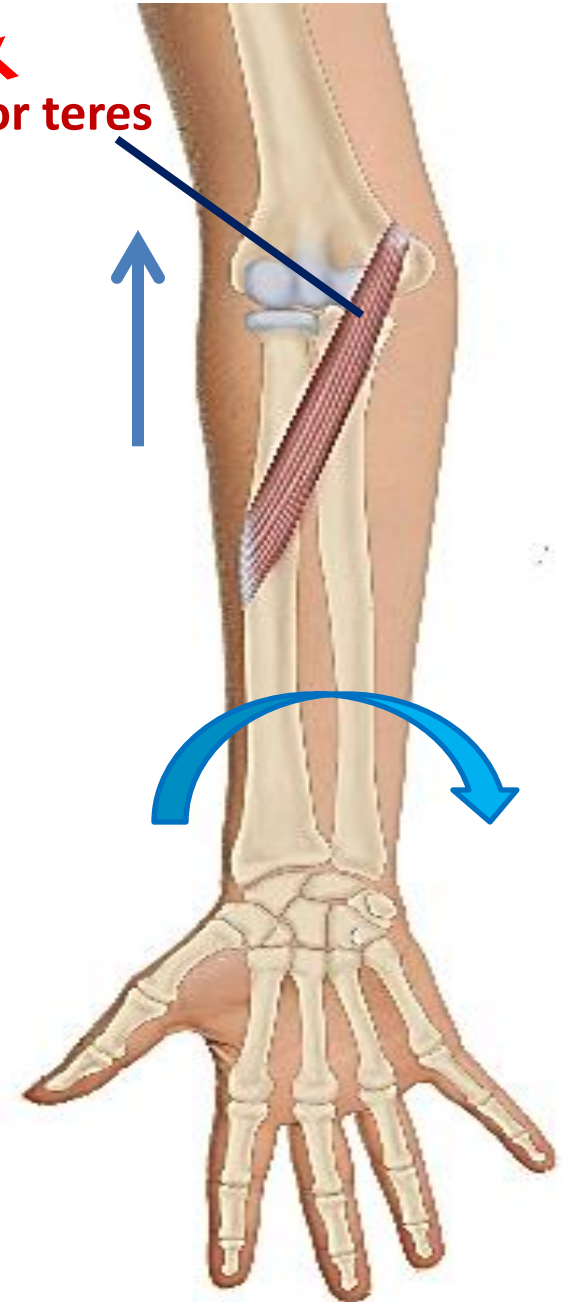
Insertion:

- Radial tuberosity.
- And the bicipital aponeurosis into the deep fascia overlying the elbow joint.



Action:

- Pronation of the forearm.
- Flexion of the forearm.



8) Anconeus

Origin:

- Back of the lateral epicondyle of the humerus.

Insertion:

- Lateral side of the olecranon process and upper $\frac{1}{4}$ of the posterior surface of ulna.

