

# PHILOSOPHY

## LESSON 3: THE HUMAN PERSON AS AN EMBODIED SPIRIT

- **Man** - General term used as a species Homo Sapiens or modern human beings
- **Human Being** – is a term used to distinguish man from other animals
- **Person** – much complex term which generally refers to a human being granted recognition of certain rights, protection, responsibilities and above all dignity.
- **Personhood** – refers to the state of being as person.

### What is the human Person

The most basic definition of a human being relates to the nature of humans as animals.

Philosophers however, believe that the human being is just not mere an animal.

### Terms of related to human person

- **Self awareness** – refers to person having clear perception of oneself, including his or her thoughts, emotions, identity and actions.
- **Rationally** – drives human person into deeper awareness (Human Thoughts)
- **Interiority** – quality of being focused on ones inner life or identity
- **Self determination** – capability of a person to make choices and decisions based on their own preferences monitor and regulate their actions, and be good oriented and self-directed.
- **Free will**- Enable us to do actions whenever we want to and make self determination. It is the capacity to choose an action from various alternatives.
- **Self** – described by philosophers on the person actively aware that he or she is perceiving reality.
- **Consequence**- result or effect of an actions and conditions
- **Morality**- The goodness or the badness of an act.
- **Externality**- capability to reach out and interact with others and the world
- **Dignity**- The inmate right to be valued or respected
- **Transcendence**- existence or experience beyond the normal or physical level
- Ability to surpass limits

Our mind is important tool that allow us to go beyond many of our physical limits. As a person we are able to exercise our own imagination and reflection to go beyond our thoughts and experiences.

### What is in our human nature that enables us to become person?

**Spirits**- Intangible w/c enables us to exercise thoughts, posses awareness, interiority and the capacity to reach but to the outside world and other person.

### How are the body and the spirit related?

- The human person is an embodied spirit.
- Not only the body of Spirit united, but they go hand-and-hand in making us who we are.